The Portsmouth Academy

Subject: Winter flu vaccinations

Dear Parents and Carers, 14th October 2026

Please see the below message from the local NHS team:

Annual flu vaccination

We are coming to **The Portsmouth Academy** on **Tuesday 17th November 2026** to give pupils their annual flu vaccination and would like your consent to vaccinate your child.

How to respond

It's important to let us know whether you do or do not want your child to have the vaccination. It will take less than 5 minutes to respond using the link below.

Flu Vaccination Form

https://www.hiowhealthcareimmunisations.co.uk//Forms/Flu?schoolcode=CW139714

You need to respond by Thursday 12th November.

If you cannot use the online form, you can respond over the phone using the contact details below.

About the children's flu vaccine

The vaccine protects against flu, which can cause serious health problems such as bronchitis and pneumonia. It is recommended for children from Reception to Year 11 every year.

Find out more about the children's flu vaccine on NHS.UK

You can also find a range of information resources about the vaccine on GOV.UK, including in other languages.

How the vaccine is given

Most children are given the vaccine as a nasal spray. This is a quick and painless spray up the nose and offers the best protection against flu.

The nasal spray contains a small amount of gelatine derived from pigs (porcine gelatine). If your child does not use gelatine products, or cannot have the nasal spray for medical reasons, you can choose an alternative injected vaccine that has no gelatine or any other animal product. You can request this in the consent form. This vaccine will be given at the session in school. Please contact either the school immunisation team or your school if you want to be present for this.

Find out more about the use of gelatine in the flu vaccine (including the views of faith communities)

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Contact us

Speak to a member of our team by calling 0300 123 5074 or email hiowh.portsimms@nhs.net

Kind Regards,

Miss Vicky Tidd

SEN and Medical Admin Support

The Portsmouth Academy

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