The Portsmouth Academy

Subject: Hello Yellow Day 8th October 2026

Dear Parents and Carers,

We are looking forward to supporting Hello Yellow Day at TPA, bringing our school community together to raise awareness of young people's mental health and wellbeing.

Students are invited to wear something yellow alongside their normal school uniform. This could be a yellow jumper, T-shirt, socks, hair accessory or another appropriate yellow item. There is no expectation for families to purchase anything new to take part.

We will also have a sweet shop available during the day, where students will be able to purchase a selection of sweets. All money raised from the sweet shop will be donated to charity. Students who would like to purchase something may wish to bring a small amount of money with them.

Hello Yellow Day is about much more than wearing yellow. It is an opportunity to remind our young people that it is okay not to be okay, asking for help is a strength, and there are trusted adults in school who are ready to listen and support them.

We hope to see lots of yellow across TPA and to create a positive day that celebrates kindness, connection, wellbeing and looking out for one another.

Thank you, as always, for your continued support.

Warm regards,

Sarah Dedman

Headteacher, The Portsmouth Academy

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