


# Year 10 Personal Development

## Unit 4: Exploring Influence


Key Words	Meaning
Gang	A predominantly street based group of Young People who engage in a range of criminal activity and violence
Risk	The possibility of something bad happening
Peer	A person of equal standing to you, a fellow student is a peer
Peer Influence	The influence of those around you
Managing Risk	Identifying, assessing and controlling different risk factors.
Alcohol By Volume (ABV)	The percentage of the beverage that is Alcohol
Binge Drinking	Consuming a lot of alcohol in one sitting, (5 drinks for Adult Men, 4 drinks for Adult Women)

### Why do people join gangs?

There are many reasons why young people join gangs.

Physical 

- For safety and protection from others
- Fear of intimidation, threats from others
- For financial gain and other rewards

Emotional 

- To feel part of a 'family'
- Siblings or other family members are involved
- Lack of emotional support or positive role models

Social 

- For status amongst peers or being pressured
- For a sense of identity and respect
- Gangs are common in the area

Which of these do you think is the **strongest** motivation for joining a gang?

### What will I learn about this term?

This half term we will look at the influence of gangs, including why people join a gang and what the consequences could be of carrying a weapon. We will study how to assess the risks involved with different substances such as alcohol and drugs. Finally, we study peer influence and the difference reasons that people might engage in risky behaviours.

## Reducing Risk



**Arrange:** For any situations that can be planned in advance, you should tell any parents, carers, or friends where you plan on going, at what times, on what days, and how you are travelling around.

**Assess:** For any unexpected occurrences, update parents, carers, or friends of the new plan. Assess the risks and what the safest options are and seek advice from a trusted adult if unsure.

**Act:** For emergencies, e.g. you or other people are in danger, call 999. If possible, find somewhere safe or send someone for help if they are available. Knowing first aid is always helpful.

