

Year 10 Personal Development

Unit 5: Healthy Relationships



How to tell the difference between a compliment and sexual harassment

Compliment

- ✓ Said by a friend or someone they know
- ✓ Said in a respectful way with nothing expected in return
- ✓ Doesn't sexualise the person
- ✓ Makes the person feel happy
- ✓ Said in a safe space

Sexual Harassment

- ✗ Shouted across the street
- ✗ Makes the person feel intimidated
- ✗ Referring to body parts
- ✗ Comments of a sexual nature
- ✗ Approached in a place they don't feel safe or unable to leave

Toxic Relationship Behaviours	Meaning
Coercion	Persuading someone to do something by force or threats
Forced Marriage	When someone faces physical pressure to marry someone.
Harassment	Behaviour that demeans or humiliates someone
Domestic Abuse	Coercive and violent behaviour by someone in a close relationship, such as parent, partner, or ex partner.
Infidelity	The act of being unfaithful to a spouse or other partner.

Key Words	Meaning
Sexual Harassment	Any unwanted sexual behaviour that makes someone feel upset, scared or humiliated.
Sexual Violence	Forcing or manipulating someone else into sexual activity
Upskirting	Taking photos underneath a persons clothes without their permission
Freedom to consent	Saying "yes" without pressure, coercion or threats
Capacity to consent	Having a clear fully formed understanding of the choice that is being made.