

Dear Parent / Guardian,

Annual Nasal Flu Vaccination

Your child is eligible to have the annual nasal flu vaccination, this is offered to all children and young people in Reception to Year 11.

Flu vaccination is important as it helps protect children and other vulnerable family members against flu, which can be a serious or life-threatening illness.

If you **DO** or **DO NOT** want your child to have the flu vaccination, please fill out the online consent form using the link below or QR code.

Your child's school code is: **139714** (The Portsmouth Academy)

<https://links.inhealthcare.co.uk/solent-portsmouth-flu>

Session Date: **25 November 2024**



****Anyone who fills in an online form (for yes or no) has a chance of winning a £50 shopping voucher****

Please complete the consent form **at least 3 working days before the session** to ensure your child will be vaccinated at the school session. If you submit the consent form after this time your child may be unable to receive the vaccination in school but will be offered a clinic appointment.

*There will be the option to have the nasal spray or injection. The nasal spray is the universal option and most effective way to receive the vaccine. The injection is **only** available for children where the nasal spray is not medically suitable or for religious/cultural grounds due to porcine gelatine content. Injections can be given in school or in our community clinics.*

Important information, please read:

- You must inform the school and the School Aged Immunisation Service if there are any changes in your child's Asthma i.e. have been experiencing active wheezing or increased use of their inhalers in the 72 hours before their vaccination.
- You must tell us if your child receives their flu vaccination elsewhere after completing the consent form by calling the School Aged Immunisation Service via phone before the school session.
- You must tell us and your child's school if you wish to change your consent before the date of the school session. Please also make sure your child is aware of the change.

Contact details:

Email: Portsmouth.SAI@solent.nhs.uk

Phone: 0300 123 5074

[For more information visit our website: School Aged Immunisation Service | Solent](#)

Please also get in touch if you have any questions or require help completing the consent form.

With best wishes

School Aged Immunisation Service

FAQ's

Q: Where can I find more information about the flu vaccine?

A: More information can be found using the links below:

NHS website -

[Children's flu vaccine - NHS \(www.nhs.uk\)](http://www.nhs.uk)

Flu leaflet: [Protecting your child against flu; Information for parents and carers \(publishing.service.gov.uk\)](http://publishing.service.gov.uk)

Q: What are the ingredients in the vaccine?

A: We use the Fluenz nasal vaccine and a list of the ingredients can be found in the patient information leaflet here <https://www.medicines.org.uk/emc/files/pil.15790.pdf>

Q: What does long term health condition mean?

A: Examples include:

- Asthma
- Diabetes
- Heart condition
- Arthritis / rheumatological conditions
- Epilepsy
- Cancer

Q: What treatment would affect someone's immune system?

A: Conditions or immunosuppressive therapy such as:

- acute and chronic leukaemia's
- lymphoma
- HIV infection not on highly active antiretroviral therapy (HAART)
- cellular immune deficiencies
- high dose corticosteroids.

Q: What do we mean by Intensive Care (ICU)?

A: Please only answer 'yes' to this question if your child was admitted to a specialist intensive care unit such as PICU, please do not include admission to general paediatric wards or children's assessment unit (CAU).

Q: What does anaphylaxis mean?

A: Severe allergic reaction requiring intensive care (PICU) admission

Q: What does salicylate therapy mean?

A: Taking medication such as Aspirin

Q: What is antiviral therapy?

A: Antiviral drugs act by killing or preventing the growth of viruses such as Oseltamivir (Tamiflu) and Zanamivir (Relenza)

Q: What is an unrepaired craniofacial malformation?

A: Conditions such as:

- Cleft palate
- Cleft lip
- Craniosynostosis

Q: My child has additional needs, how can you support them?

A: We often work with children who have additional needs and are happy to offer more support, time and encouragement for them.

Win £50 Supermarket Voucher Competition

By completing the online consent form with a yes or a no for the Flu vaccination you will be entered into a competition to win a £50 Supermarket voucher.

The form must be completed before the end of December to be entered into the competition. A winner will be chosen at random at the end of January and contacted to receive the voucher.

Only one entry per child.

Personal details used for this competition will only be used by the SAI Service and not shared with any other parties or stored for any longer than necessary.

Please contact us if you do not want to be part of the competition or if you would like further details.