

Dear Parent / Guardian,

## Yearly Flu Vaccination

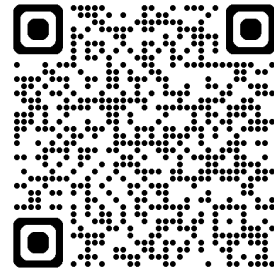
Your child is eligible to have the yearly flu vaccination, this is offered to all children and young people from Reception to Year 11.

Flu vaccination is important as it helps protect children and other vulnerable family members from the spread of the flu virus, which can be a serious or life-threatening illness.

To say YES or NO to the flu vaccination for your child, please fill out the online consent form using the link or QR code below:

Your child's school code is **CW139714** (The Portsmouth Academy)

<https://www.hiowhealthcareimmunisations.co.uk/Forms/Flu>



Session Date: **03<sup>rd</sup> December 2025**

Please complete the consent form **at least 2 working days before the session** to ensure your child will be vaccinated at the school session. If you submit the consent form after this time your child may be unable to receive the vaccination in school but will be offered a clinic appointment.

The nasal spray is the universal option and most effective way to receive the vaccine. There is a porcine gelatine free injection available **only** for children where the nasal spray is not medically suitable or for religious/cultural grounds.

To choose the injection option, select NO to the nasal flu immunisation, you will then be given the option to consent to the porcine gelatine free vaccination.

All flu vaccines will be administered in school. Please contact the service if you would prefer to come to a local community clinic for the vaccination.

If any of the following apply, please contact both school and the School Aged Immunisation Service on **0300 123 5074**:

- If there are **any changes** in your child's Asthma i.e. have been experiencing active wheezing or increased use of their inhalers in the 72 hours before their vaccination.

- **If your child receives their flu vaccination elsewhere after completing the consent form.**
- **If you wish to change your consent before the date of the school session.**

If you have any questions or need help to complete the online consent form, please contact us on:

Email: **Portsmouth.SAI@solent.nhs.uk**

Phone: **0300 123 5074**

For more information visit our website: <https://www.healthforkids.co.uk/hampshire/annual-nasal-flu-vaccination-programme/>

<https://www.nhs.uk/vaccinations/flu-vaccine/>

With best wishes

School Aged Immunisation Service